## **hCG Preparation Instructions**

When buying the hCG Sublingual diet you will be provided with the following:



Figure1

hCG Sublingual Serum which includes the formula that will be mixed with the hCG Powder (figure 5 and 6). This bottle contains 20ml of solution and it doesn't need to be refrigerated until mixed with hCG powder.



hCG Sublingual Diet Program which contains the food allowed for 21 days.





An oral applicator for the sublingual application of hCG serum. You will need to take 0.22 ml twice a day. One in the morning 30 minutes before any meal and one in the evening after dinner.

Figure 3



Figure 4

One (1) syringe to extract the hCG mix (figure 7 and 8) and introduce it into the hCG Sublingual serum (Figure 1)



1 unit of Sodium Chloride that will be extracted with a syringe and introduced in the hCG mix (Figure 6) to dissolve.

Figure 5



1 unit of hCG powder. Insert the sodium chloride liquid (Figure 5) into this bottle (Figure 6) using the syringe (Figure 4). Next, extract this mix with the same syringe and add it into the hCG Serum bottle provided (Figure 1).

Figure (



FREE hCG Diet Recipes Cookbook Phase 1. This e-book contains a variety of recipes that will make your hCG diet easier and enjoyable. This e-book will be sent to you by email.

When buying the hCG Maintenance diet program you will be provided with the following:



hCG Maintenance Diet Program containing the food allowed and not allowed to eat for next 21 days.

Figure 7



hCG Maintenance Program 21 Days supplies which includes vitamins, herbs and minerals that will help to reset your hypothalamus and maintain your new weight.

Figure 8